



## **PERSONALIZED BIKE TOURS**

WITH THE GUIDE OF MASSIMO STERZA

Massimo Sterza, originally and resident in Pozzolengo, in the middle of the morainic hills, few kilometers from the Garda Lake, a great MTB enthusiast, a passion that led him to train at a national level and to become a sports cycling guide.

His knowledge of places and people has led him to accompany cycle travellers on routes that go from Alto Garda to Mantua and from Brescia to Verona.

This can happen at different levels of commitment, their proposal can then be refined and enriched, until reaching the actual creation of a "bike friendly" project.

Below are activities and itineraries that can be organised to offer you new experiences and a new way of holidaying!

### **WHY WE RECOMMEND YOU TO IMMERS YOURSELF IN THIS EXPERIENCE ?**

- You have a local guide who tells you the history of the places you visit,
- You are accompanied to places far from mass tourism that you would never have visited on your own,
- You travel without the worry of getting lost,
- You have instant mechanical and first aid assistance in case of problems,
- You know the authentic life of the territory.

### **CULTURAL HISTORIAN TOUR SAN MARTINO E SOLFERINO**

A tour that relives the places of the second Italian war of independence, where the Austrian army on one side and the French and Piedmontese on the other fought the bloodiest battle of those times, which then led to the unification of Italy. A ride of about 30 km between secondary roads with low traffic and dirt roads immersed in the greenery that connect the Rocca di Solferino to the Torre di San Martino.

DURATION: 4 HOURS with a visit to the two monuments

### **FOOD AND WINE TOUR**

Strolling through the Morenic hills with tasting of typical local products such as salami, wine, extra virgin olive oil, ... A 25 km route on secondary and dirt roads.

DURATION: 4 HOURS

## MORENICHE HILLS TOUR

A bike trip through nature, castles and villages of the morainic hills using only secondary roads and dirt roads immersed in nature, touching with your own hands the daily life of small but suggestive villages.

DURATION : 4 HOURS (San Martino della Battaglia - Solferino - Castellaro Lagusello - Pozzolengo) for a total of 30 km

OR

DURATION : 8 HOURS (San Martino della Battaglia - Solferino - Cavriana - Castellaro Lagusello - Volta Mantovana - Borghetto sul Mincio - Monzambano - Ponti sul Mincio - Pozzolengo) for a total of 65 km

## VALTENESI TOUR

Breathtaking tour on the hills of Valtenesi, among olive trees and vineyards, Lake Garda accompanies you with breathtaking views until you reach the Rocca di Manerba between dirt and asphalt.

DURATION : 8 HOURS for a total of 65 km

## TOUR BY NIGHT

It always takes place on the routes of the Colline Moreniche Tour. The difference is in pedaling with the help of only the bicycle lights and admiring the various monuments and landscapes illuminated at night or with the complicity of the moonlight.

An unique experience and very different from traveling during the day, even the sounds of nature are different and everything is slower and more evocative.

DURATION : 4 HOURS for a total of 30 km

## EXCURSION RATES

	4-HOUR ROUTE	8-HOUR ROUTE
<b>1 PERSON</b>	120 Euro	220 Euro
<b>2 PEOPLE</b>	60 Euro	110 Euro
<b>3 PEOPLE</b>	50 Euro	80 Euro
<b>FROM 4 TO 8 PEOPLE</b>	40 Euro	60 Euro

Prices include only the guide's accompaniment, extras (such as tastings, lunch, entrance fees and personal insurance) are to be added to the cost when creating the package.